

BRADD August 2015

3 Salisbury Steak w/ Gravy Northern Beans Stewed Tomatoes Wheat Bread (1) Pineapple	4 Bean Soup 8 oz Coleslaw Cornbread Margarine Fresh Orange	5 Pepper Steak w/ Gravy Corn O' Brien Spinach & Onions Roll Fruit Cocktail	6 Chicken, Broccoli & Rice Casserole 8oz Sliced Carrots Wheat Bread Baked Apples w/ Raisins	7 Taco Salad: Meat 2oz & Cheese 1oz; Tortillas (2) Lettuce (½ c) & Tomato (¼c) Refried Beans Fruit Crisp
10 BBQ Ribette Lima Beans Beets Wheat Bread Pineapple	11 Lemon Pepper Chicken Baked Beans w/ Peppers Sliced Carrots Wheat Bread Fruit & Yogurt Parfait.	12 Chicken Pot Pie Casserole 6oz Broccoli Wheat Bread Baked Apples	13 Vegetable Soup 8oz Wheat Crackers (6) Cottage Cheese 3 oz Peaches	14 Pasta w/ meat sauce (6oz) Tossed Salad w/ dressing Breadstick Margarine Mandarin Oranges
17 Pimento Cheese on White Three Bean Salad Tossed Salad w/ Dressing Mixed Fruit	18 Hamburger on Bun Baked Beans w/ Peppers Sliced Carrots Mixed Fruit Mustard	19 Tuna Salad (2oz) on Wheat Bread Potato Soup 8 oz Fruited Gelatin	20 BBQ Chicken Baked Sweet Potato Steamed Cabbage Wheat Bread; Margarine Banana Pudding	21 Turkey & Gravy Mashed Potatoes Spinach Roll; Margarine Oatmeal Cookie
24 Chef's Salad: Turkey/ Ham/Cheese 3oz Salad mix 2 cups Wheat Crackers (6) Fresh Orange; Salad Dressing	25 Turkey Dog on Bun Baked Beans w/ Peppers Coleslaw Sherbet Mustard	26 Meatloaf w/ Ketchup Mashed Potato Peas & Carrots Roll Banana	27 Hoppin' John Soup 8 oz Steamed Cabbage Cornbread Margarine Hot Fruit Compote	28 Beef BBQ on Bun Roasted Red Potatoes Winter Blend Vegetables Applesauce
31 Chicken Vegetable Soup 8oz Tossed Salad w/ Dressing Cornbread; Margarine Fresh Apple				

1% milk should be served with each meal. Whole wheat products should be 2 servings (2 slices or 2 oz) unless otherwise noted.